



Who We Are

- FFF stands for Family First Foundation. It is a non-profit organization formed by parents to help fellow parents in the delicate task of rearing a family.
- FFF is an affiliated member of IFFD (International Federation for Family Development), a worldwide foundation which aims to promote family enrichment.
- IFFD is represented in over 30 countries in 5 continents; it is part of a global effort to educate parents in their role as primary educators of their children.
- FFF has grown to provide parenting courses in Hong Kong, Macau, and some parts of China.
- It is also part of East Asian Educational Association in Hong Kong.



First Steps Program

Parenting... Better Start At Early Age!



About The Course

First Step is a ten-month parenting course that aims at encouraging the participants to develop a professional approach towards parenting and be able to transmit good values to their children.



This course offers a unique blend in transmission of both knowledge and skills through case study methodology. Through this methodology, parents will be able to examine their own family situations, distinguish facts and opinions, identify problems and seek individual solutions, which also enhance the communication of the couple.



Some Topic Highlights

- ✦ Hereditary & Temperamental Difference
- ✦ Motivation & Discipline
- ✦ Role of Play
- ✦ Fostering Virtues
- ✦ Parents As Primary Educators
- ✦ Intense Family Life
- ✦ Communication Within Marriage



Participants

It is strongly recommended that both husband and wife attend the program together so as to foster unity and harmony in raising their children.

Cost:
HK\$1,200 per couple includes course materials.

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